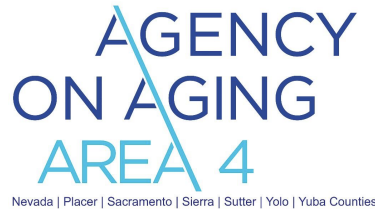


**GRANT PROGRAM FACT SHEET
SERVICES ARE FUNDED BY AAA4
IN-HOME SERVICE PROGRAM**



Areas Served for the Grant Program: Sacramento County

PURPOSE OF THE PROGRAM

The purpose of this program is to offer a service to the elderly and disabled persons who prefer to maintain their independence at home, and whose safety and well-being can be assured within the scope of our services. The duration of service is up to 52 weeks.

SERVICES PROVIDED

Following assessment in the home, the Program Director develops a care plan which reflects the needs of the client and must include the following required activities:

PERSONAL CARE:

To assist clients with routine care of a personal nature such as bathing, dressing, personal appearance, feeding and general hygiene.

Other Allowable Activities

Additional activities allowed under this category include hands-on care such as: shampooing hair, grooming, assistance with toileting activities utilizing bedpan and bedside commode, shaving with electric razor, brushing teeth, mobility assistance and assistance in transferring and re-positioning in bed, simple nail care, self-sufficiency training and training for family care of client.

ELIGIBILITY

AT THE TIME SERVICES ARE PROVIDED, CLIENTS IN THIS CATEGORY MUST:

- (a) Be 60 years of age or older;
- (b) Reside within the county where the service is funded;
- (c) Have significant personal care needs that would otherwise be unmet; and,
- (d) Not also be receiving personal care via In Home Support Services

FUNDING

Through the Older Americans Act, federal and state monies are used to pay for these services. Recipients of these services will be given a *free and voluntary* opportunity to contribute to the cost of the service.

REFERRALS

A client may be referred by anyone, including themselves.